**EDU 330: Developmental and Educational Psychology**

**“How will I get the most out of this class?”**

**NAME:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Overview:**
This short paper helps you think about your goals and how to reach them this semester.

**Directions:**

* Fill this out in **Word** and put your name at the top.
* You can use **bullet points**.
* **Print and bring it to class.**

**1. Learning Opportunities**
This class has different ways to learn and show what you know. What works best for you to learn and do well? You can answer each one or give general ideas.

* Reading and videos before class
* Research paper
* Reaction papers (short responses about readings/videos)
* Class discussions (small or full class)

**2. Your Goals**
What do you want to achieve this semester?

* Can be big goals (like managing your time better)
* Or class-specific goals (like asking more questions in discussions)

**3. How You’ll Reach Your Goals**
What strategies or habits will help you achieve your goals?