**Summative Assignment: IPT & Metacognition**

**Lesson Plan**

**1. Objective(s)**

What do you want your students to learn about the Information Processing Theory (ie how humans process information) and Metacognition?
*Example:* By the end of this lesson, students will be able to explain effective learning strategies for history based on the assumptions of Information Processing Theory and reflect on their own learning process.

**2. Hook / Introduction**

How will you start the lesson by getting classmates to think about their own learning? How will you immediately engage students?
*Example:* Ask: ‘What strategies do you use to remember historical facts? Why do you think they work?’”

**3. Key Points / Content**

What are the main points you want to teach as it relates to the objective(s)?
*Example:* 1. How attention affects memory encoding, 2. The role of rehearsal and retrieval practice, 3. Identifying common distractions when studying history.

**4. Activities / Teaching Methods**

How will you help your classmates practice metacognitive strategies or reflect on their learning? Activity should include at least one interactive element for students.
*Example:* Have students try different note-taking methods and discuss which helped them understand better, or reflect on how they monitor their understanding while reading primary documents. Encourage students to discuss not only what strategies they use but why they think those strategies help their learning.

**5. Check for Understanding**

How will you check if classmates can explain both the content and how to apply learning strategies?
*Example:* Ask students to describe a learning strategy they would use to study for the next history test and explain both how it works and why it is effective according to IPT and metacognition.

**6. Conclusion / Wrap-Up**

How will you help classmates reflect on what they learned about learning?
*Example:* Have students share one new insight about their own learning and one strategy they plan to use in the next history reading assignment, explaining how they expect it to help.

**7. Materials / Resources Needed**

What materials will you need to support learning about metacognition?
*Example:* Handouts summarizing key learning theories, reflection journals, sample study strategies.